

# SCHOOL PROGRAMME

**Special  
Olympics**  
New Zealand



Free in-school Special Olympics sport sessions for students with an intellectual disability to develop skills, build confidence and have fun!

# SPECIAL OLYMPICS SCHOOL PROGRAMME

Our School Programme provides the opportunity for students of all abilities to develop fitness and sports skills, build their confidence and forge friendships by having fun together.

By providing positive experiences in a familiar environment, and a focused introduction to sport and movement, we aim to foster and encourage ongoing student participation in sport and physical activity.



**"Your sessions have had a huge impact on their motivation to move and their confidence. The improvement is amazing."**

*Teacher*



## HOW IT WORKS

Our Regional Sports Coordinators (RSCs) come into your school to deliver regular, adapted sport and physical activity sessions.

RSCs are equipped to deliver sessions across a wide range of sports and activity, from athletics to football; SNAG golf to ShuttleTime badminton; fundamental movement skills to netball.

RSCs will work with teachers to understand the needs and goals of students and develop a plan to best cater to them.



**FRIENDSHIP**



**FITNESS**



**CONFIDENCE**

*We have a variety of sports and activities on offer to meet the needs of students.*



Athletics



Badminton



Basketball



Bocce



Football



Fundamental Skills



Indoor Bowls



Netball



SNAG Golf



Touch Rugby



## SECONDARY SCHOOL EVENTS

Alongside our in-school sessions, we hold Special Olympics school events throughout the country.

Students put into practice skills learned during in-school sessions, with all participants earning a certificate to celebrate their achievement.

*For students wanting to go further, outside of school there are also over 40 Special Olympics clubs across New Zealand offering year-round sports training and competition.*

**"I didn't use to play sport, but when Special Olympics came to my school I found that I could play, compete, belong, make friends and do different things."**

***Athlete***





## Contact us

If you would like more information about our School Programme or want to talk about how it can work for your school, get in touch with your local Regional Sports Coordinator!

### Website

[www.specialolympics.org.nz/staff](http://www.specialolympics.org.nz/staff)

### Facebook

[www.facebook.com/SpecialOlympicsNZ](https://www.facebook.com/SpecialOlympicsNZ)

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