



Athlete Leadership Programme

Athlete Leader Nomination Form 2023

**Please print clearly or type all the information that is requested under each heading.
You must complete all sections for your nomination to be considered.**

Please note:

- **Athletes** are required to complete (with support where required) sections 1 and 2 of this form.
- A **parent/guardian/support person** is required to complete sections 3, 4 and 5 of this form.
- The athletes **mentor** is required to complete section 6 and the **club** section 7
- It is anticipated that any athlete seeking to join the national Athlete Leadership Programme in 2023 will already hold an athlete leadership role within their club and/or club committee.
- Interviews with athletes will be conducted week of Monday 27 February via Zoom and we would expect these to take approximately 15 – 20 minutes.
- Nominations must be supported by the athlete's club committee and this form must be signed by the Club Chairperson.

Please return completed and signed form by 4.00pm Friday 17 February to:

Catherine
funding@specialolympics.org.nz

1. Athlete Details *(Athletes to complete, with support if required)*

Full name: _____
First Surname

Date of birth: _____ Gender: ☐ Female ☐ Male

Special Olympics Club: _____

Phone : _____

Email: _____

Parent/key support person name: _____

Phone : _____

Email: _____

Where do you live? (Tick what applies) ☐ At home with family ☐ In a supported home/flat ☐ Flat independently

Other contact who needs to be kept informed:

Name: _____

Phone: _____

Email: _____

2. Athlete Profile

Part 1: Video

Please complete a short video answering the below questions, this can be sent through to us either via email or to the SONZ Facebook page (If you send it to the SONZ Facebook page please say that it is for your athlete leadership programme application)

In the video please answer the below questions:

You Name, Club and what Sports you do

How has Special Olympics changed your life?

Why would you like to become an Athlete Leader for Special Olympics New Zealand?

What would you like to achieve if you were selected as an Athlete Leader?

Part 2: Written

Please write the answers to the below questions on this form, this should be written by the athlete with assistance if required

How long have you participated in Special Olympics?

How did you become involved in Special Olympics?

Give a brief description of your history with Special Olympics (for example, your sports participation and achievements, club and community involvement).

Other than Special Olympics, describe any other activities or community service that you have been involved in (for example, leadership skills, public speaking, serving on committees, volunteer work).

How do you feel about speaking in front of groups of people?

Any additional comments

3. Communication/Interaction with Others *(Parent/caregiver/support person to complete)*

Conversation: ☐ Can converse easily ☐ Brief / short conversations ☐ Makes needs known
☐ Converses by signing ☐ Responds to questions ☐ Does not start conversations

Details: _____

Speech: ☐ Can communicate easily ☐ Uses short phrases ☐ Uses single words
☐ Uses signing ☐ Uses gestures ☐ Speech not always clear
☐ No verbal language ☐ Uses communication device ☐ Difficulty in putting things in words

Details: _____

Understanding : ☐ No problem understanding what is said ☐ Understands most of what is said
☐ Understands simple instructions ☐ Needs to be spoken to slowly
☐ Able to lip read ☐ Needs to be signed to
☐ Need to check that instructions are understood / repeated individually

Details: _____

Interaction with others: (Please provide information on each of the following)

Is the athlete easily led by others?

Does the athlete lead others?

How does the athlete relate to others? (Other athletes, new people etc.)

How does the athlete communicate with their coach if they are upset or worried about something? What are the signs to look for in this type of situation?

Coping with noise and busy airports/city hustle and bustle:

Any other comments you wish to make about the athlete's interaction with others and how they may cope in a team environment?

4. Social Behaviour / Habits *(Parent/caregiver/support person to complete)*

Social behaviour: (Please tick if any of the following apply to the athlete)

- | | | |
|---|---|--|
| <input type="checkbox"/> Has mood swings | <input type="checkbox"/> Self abuses | <input type="checkbox"/> Temper tantrums |
| <input type="checkbox"/> Runs away | <input type="checkbox"/> Hits / kicks others | <input type="checkbox"/> Verbally abuses others |
| <input type="checkbox"/> Stubborn | <input type="checkbox"/> Overly fearful | <input type="checkbox"/> Teases others |
| <input type="checkbox"/> Aloof from others | <input type="checkbox"/> Immature for age | <input type="checkbox"/> Cries often |
| <input type="checkbox"/> Sexually irresponsible | <input type="checkbox"/> Sexually inappropriate | <input type="checkbox"/> Needs close supervision |
| <input type="checkbox"/> Not cautious enough | | |

Other:

If you have ticked any of the above items, what is the best way to avoid this occurring, dealing with the behaviour and the supervision required?

Please detail anything the athlete is fearful or unhappy with:

How well does the athlete handle changes in routine / new faces / new rules and sudden changes of plan?

How has the athlete coped with Covid-19 and the uncertainties?

Has the athlete been homesick before? If so, how was this dealt with?

Other social factors to be aware of?

Special Olympics New Zealand is a smoke free organisation and the athlete leadership programme is a smokefree programme. Is the athlete happy to adhere to this during the programme

Yes/No

5. Travel Experience / Environmental Factors *(Parent/caregiver/support person to complete)*

Please provide information around how much travel the athlete has done around New Zealand and whether it has been alone or with others? (Athlete leaders will need to travel to Wellington and Auckland for workshops so will need to be comfortable travelling on their own, pick-up and drop off will be arranged before and after the workshop so athletes don't need to be familiar with the airports)

6. Athlete Mentor to complete

Full name: _____
First Middle Surname

Address: _____

Contact Phone No. _____ Email: _____

Relationship to athlete: _____

Describe how you see your role as a mentor?

How can you support the athlete?

How will you connect with the athlete between workshops?

Do you agree to attending the first athlete leadership programme session that will be held in Wellington in Term One of 2023? (The cost of flights are covered by the club)

Mentor Signature_____

7. Club to complete

How many active Athlete Leaders does your club currently have?

What leadership activities do your current Athlete Leaders have within your club and the community?

How do you see a new Athlete Leader fitting into this?

Once the 2023 Athlete Leaders finish the Athlete Leadership Programme we want to know that they will be able to continue to grow and develop, what will your club do to facilitate this?

8. Summary and Signatures

Any additional information not already recorded that will assist when considering this athlete's nomination:

I understand that I am being nominated for the Athlete Leadership Programme and agree to this form being submitted to support my nomination.

Athlete (Name)

Signature

If the nominated athlete is under 18 years of age:

I consent to the named athlete being nominated for the Athlete Leadership Programme.

Parent/Caregiver/Legal Guardian (Name)

Signature

We have read the nomination form and accompanying information and are confident this Athlete will be an excellent representative of the Special Olympics New Zealand Athlete Leadership Programme as an Athlete Leader and meets the selection requirements.

We understand that in 2023 the mentor is required to attend the first workshop and agree to cover the travel costs associated with this.

Club Chairperson (Name)

Signature