 Risk Assessment Snow Sports

Event name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Event Date** |  | **Key Contacts**Event managers/ Coaches Mob.

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| Name | Club/School | Mobile |
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| **Event Address** |  |
| **Event Manager**  |  |
| **Total Number of athletes & volunteers** |

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| --- | --- |
| **Athletes** |  |
| **volunteers** |  |

 | **1:4 ratio reached** |
| **Primary First Aid Contact** | **Name:Mobile Number:** | **First aid kit location:Date of Expiry:** |
| **Emergency Numbers** | **Police/Fire/Ambulance -** 111**Poisons -** 0800 764 766 |

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| **High Risk** | **Medium Risk** | **Low Risk** |

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| **Risk**  | **Risk severity pre** | **Risk Reduction / Controls** | **Risk severity post** |
| **Site Specific** | 1. Getting lost, not knowing slopes or meeting points.
2. General venue risks.
3. Natural emergency.
4. Incident on mountain.
 |  | 1. Event manager or venue is required to do H&S induction and emergency evacuation procedures with all team managers before the beginning of the event.
2. Check with venue on any specific risks for the day and then brief all team managers on the format for the day and specific risks, facilities e.g. toilets and slope/weather specific risks. Please see event briefing document for more guidance.
3. Site specific RAMS made available to all managers prior to event if required.
4. Ensure all team managers process for communicating with the mountain venue team in case of an incident. E.g. key numbers to call, radio if an incident occurs.
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| **Sport specific**Snow Sports | 1. Soft and hard tissue injury and head knocks.
2. Skis crossing over.
3. Wrist/arm breaks from falls.
4. Slope conditions.
5. Equipment failure.
6. Slips trips falls.
 |   | 1. Ensure athletes are always wearing safety equipment e.g. Helmet, ski goggles and wrist guards on slopes.
2. Make sure athletes and volunteers stay within their capabilities when going down the slopes.
3. Athletes are trained in ‘controlled’ falls
4. Event manager to closely monitor weather conditions. Changes in weather and the conditions of the slope. Ice/rocks on the slopes.
5. Ensure all athletes have the correct gear and is not damaged or faulty before getting on slopes. Bindings on skis & snowboards are correct to the athletes weight/height.
6. For longer periods off the slopes, boots are removed when possible to reduce chance of tripping/falling with limited control.
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| **Risk**  |  | **Risk Reduction / Controls**  |  |
| **People** | 1. Participants unwell/sick.
2. Allergies/ Medical conditions.
3. Injuries.
4. Athlete experience level.
5. Poor communication.
6. General public.
7. Inexperienced staff/Volunteers.
 |  | 1. No participants/volunteers or staff are permitted into the event if they are feeling unwell and are to stay home. Contact Tracing is to be completed at every event. The use of the infrared thermometers is also to be used at every event. Cold like symptoms, and/or displaying a fever on the infrared thermometers is to result in removal from venue (and event) and contact tracing should be monitored.
2. Athletes/Coaches/Guardians to carry necessary medication & Medical forms.
3. Appropriate warm up and stretching.

 Coaches to bring along own first aid kits & ensuring dates have not expired.1. All athletes to have undertaken at least 10 weeks of training before competition. Event expectations and rules clearly outlined before attending, and during the event. Monitored closely from coaches throughout.
2. Clear & simple communication. Event manager to give brief to coaches prior to event.
3. Coaches/event manager to observe any personnel that look suspicious and unfamiliar. All reported to Event Manager to investigate immediately. Clear guidance to get into event with signs excluding public if necessary.
4. All volunteers need to be registered and completed a valid police check. All club volunteers to attend event briefing at the start of the event. No inexperienced volunteers to be left alone without help/direction prior.
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| **Environment**  | **Indoor & Outdoor**1. Transport / Parking.
2. Slippery surface.
3. Exposure to noise.
4. Exposure to elements.
5. Earthquake.
6. Avalanche.
 |  |  1. Event signage outside for traffic if required. Extra vigilance when exiting and entering vehicles with athletes in cark parks and main roads to get to and from event.
2. In briefing ensure athletes are taking care around indoor areas to ensure they do not slip as snow often melts and makes surfaces wet and slippery.
3. Appropriate sound levels used regarding venue where it is within event managers control.
4. Review forecast and cancel/postpone if necessary. The event is outdoors, and weather can be extreme. There are risks of heat exposure/sunburn appropriate clothing to be worn by athletes, sun cream & water made available. Athletes and volunteers to rest in shade in between competing. Waterproof gear, warm clothing. Responsibility lies with individual and team coaches.
5. Clearly marked entrances, exits, assembly point covered in H&S briefing. If in the case of an earthquake follow standard earthquake procedures and then team managers are to account for all athletes and volunteers. If skiing everyone should stay away from manmade structures, cliffs, trees, or steep slopes. All groups to stay together and make their way to assembly on ski field. Follow instructions of ski field staff.
6. Risk managed by ski field; all team members should follow instructions from ski field staff.
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| **Equipment** | 1. Cluttered areas.
2. Faulty equipment.
3. Incorrect use of equipment.
4. Incorrect clothing / footwear.
 |  | 1. Ski equipment not in use stored correctly and other gear to be stored safely and out of the way when skiing.
2. Ensure equipment is appropriate for competition and safe for athletes to use.
3. Ensure equipment in use has appropriate supervisors.
4. Club coaches/volunteers to check clothing and footwear is appropriate for the conditions on the slopes.
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| **Medical Incident Process** |
| All coaches should have copies of athlete’s medical forms on hand.**If there is a medical incident:** **Get the first aider, call 111 OR ski field medical number (add this in when completing RAMS form)****In the case of a serious incident please call your RSC or CEO as soon as reasonably possible**Volunteer [to **fill out an incident report**](file:///C%3A%5CUsers%5CDavidHibberd%5CDownloads%5CIncident-ampamp-Accident-Reporting-Fo%20%285%29.docx) and give to the Event Manager at the end of event> this is submitted to the RSC > logged into the H&S file > reviewed by H&S committee. |
| **Contact Tracing** |
| * A contact tracing register must be created and held at the event for the venue and events director of all those present
* Any athlete, coach or volunteer that is displaying any cold like symptoms are not permitted to attend.
* Each team will be responsible for replacing a coach/volunteer to ensure that the 1:4 ratio is maintained.
* Hand Sanitiser, soap and hand towels to be present at events to aid in preventing spread of any germs
* If an athlete or volunteer falls ill during the event the Events Manager is to be made aware and all precautionary measures taken if applicable, including alerting venue & MOH.
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I confirm that the above action items have been implemented and all measures have been taken to keep athletes and volunteers safe during the event.

Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Event Manager ) Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_