

Special Olympics New Zealand Covid-19 Hygiene Protocols

Special Olympics New Zealand Measures that apply to Alert Level 1

SONZ Community Health Advice:

- Disinfect surfaces regularly where applicable, particularly balls that are in use.
- All participants must regularly wash and dry hands e.g. before and after training, after going to the toilet and after coughing or sneezing.
- Clubs must ensure all participants have access to adequate hand sanitiser and hand washing amenities at the facility or venue and ensure signage is visible for good hand-washing protocols.
- Cough into elbows, avoid touching your face. Remind athletes on a regular basis.
- Stay home if you're sick, report flu-like symptoms and remember ***'if in doubt, sit out'***.
- Do not share water bottles and do not use team water bottles.
- Ensure the facility and training equipment are cleaned to Ministry of Health hygiene standards.
- Ensure all facilities have extensive signage and information regarding precautions for managing COVID-19 and be prepared to share this information with athletes.

Contact Tracing:

- Maintain a list of all participants at trainings, games and any other club activity. Further information on what is required and how it will be collected will be published once SONZ finalise future protocols.

Important Notes

Subject to change:

- Please note this advisory is current as of 4 May 2020 and is subject to change. All changes will be sent through to SONZ clubs and published on the website www.specialolympics.org.nz
- SONZ continues to work alongside Sport NZ and the Ministry of Health to provide the most up-to-date information for our clubs.

Return to activity:

- SONZ return to activity guidelines will come into effect once a date has been set for NZ to move into Level 1. Minimum training periods are mandatory to support the athlete safety and well-being.