

Special Olympics New Zealand

Athlete Competition Pathway



Special Olympics
New Zealand



Mission Statement



To provide children and adults with an intellectual disability year-round sports training and competition opportunities enabling them to learn, grow, compete and to recognise their achievements.

Athletes Oath



Let me win.
But if I cannot win,
let me be brave in
the attempt.

Kia toa ahau.
Ki te kore ahau e
toa, kia maia ahau
ahakoa ka hinga.

*Special Olympics
athlete oath*

To Join



Special Olympics

- Complete Athlete Registration Forms

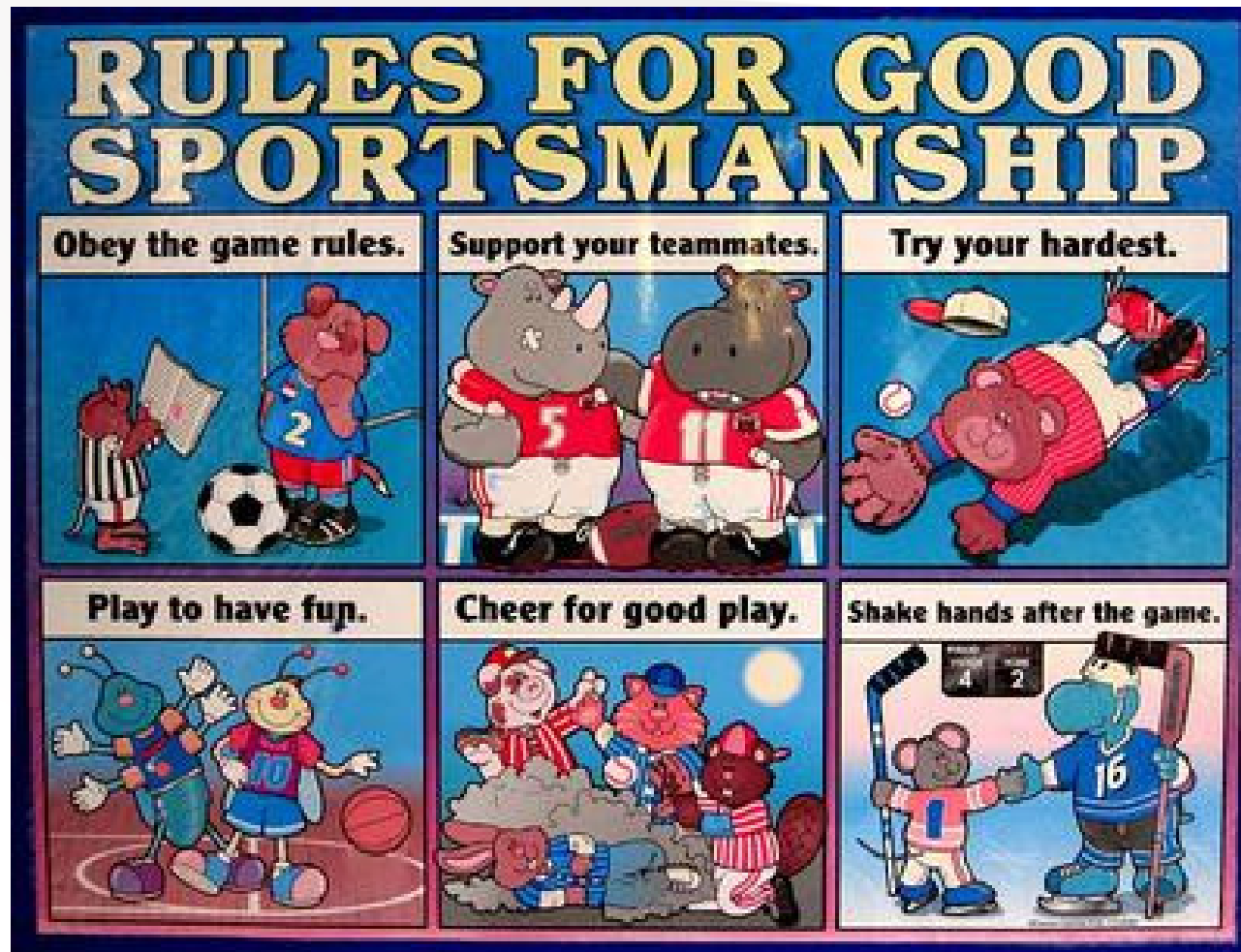


Complete a Medical



Complete a Code of Conduct

Code of conduct



Special Olympics Pathway



Local T1



Regional T2



National
T3



Asia-Pacific



World Games



ALL athletes can progress from local through to international level

Each level has training and qualifying requirements that athletes must meet to progress

To Compete



To Compete T1

☐ Go to training

☐ Be fully registered athlete

☐ 10 hours of training before competition

To Compete T2

☐ Attend a T1

☐ Train regularly

☐ Demonstrate good behaviour

☐ Show commitment



To Compete



- **To Compete and be selected for a T3**

- ☐ Attended a T2
- ☐ Stayed away overnight at a T2 event
- ☐ Train regularly & show good behaviour
- ☐ Demonstrate a commitment to your team
- ☐ Must be selected by your coach to go



Sports Offered In New Zealand



SUMMER

Swimming

Athletics

Basketball

Bocce

Bowling/tenpin

Equestrian

Football/soccer

Golf

Indoor bowls

Powerlifting

Table tennis

WINTER

Alpine skiing

Snowboarding

Sports Rules



- Special Olympics competitions generally follow the rules of the National Sports Organisation but are sometimes adapted to allow for inclusion of all ages and abilities
- It is important that athletes learn and follow the rules and etiquette of their sport
- Coaches and competition officials need to teach and enforce sports rules to ensure fair competition for everyone



Coaching – For you

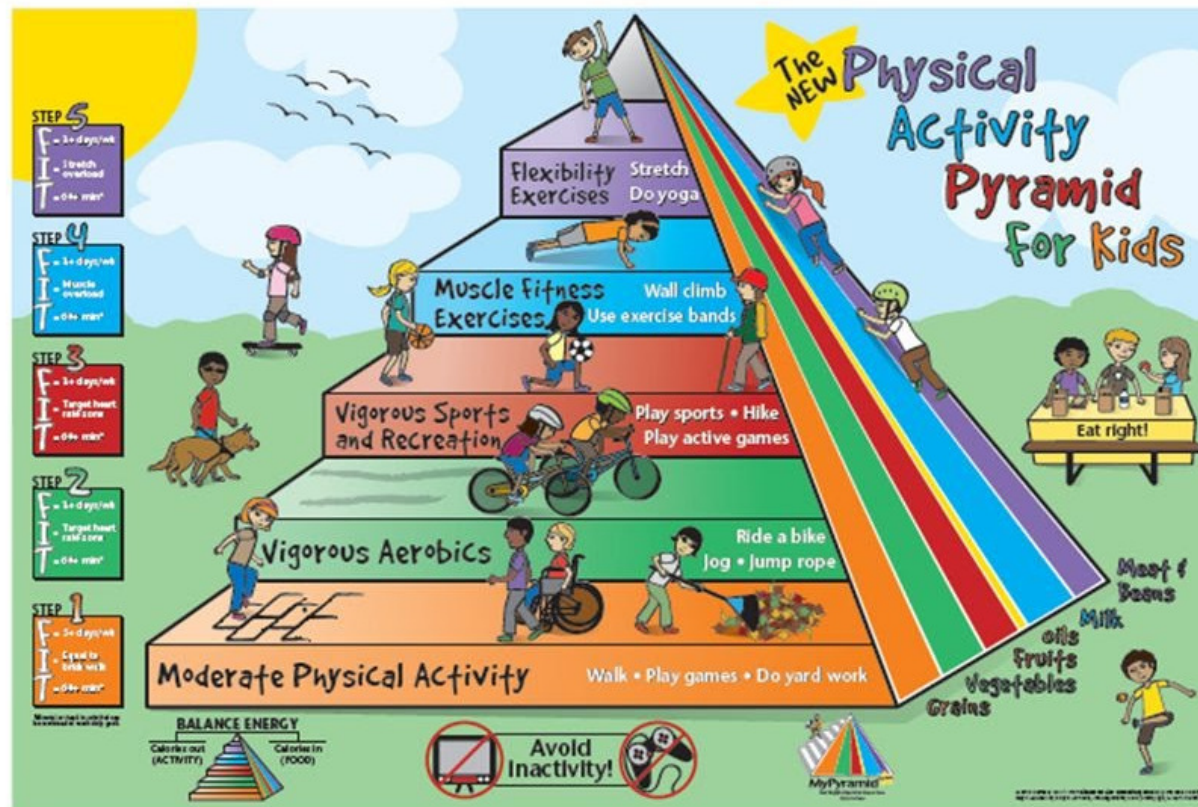


Unique Features of Special Olympics



- ❑ Athletes of all abilities can participate
- ❑ Athletes of all abilities can qualify to advance to higher level competitions
- ❑ All athletes in a division receive place awards based on their order of finishing
- ❑ Divisioning is used for all sports

Social and Physical Activity

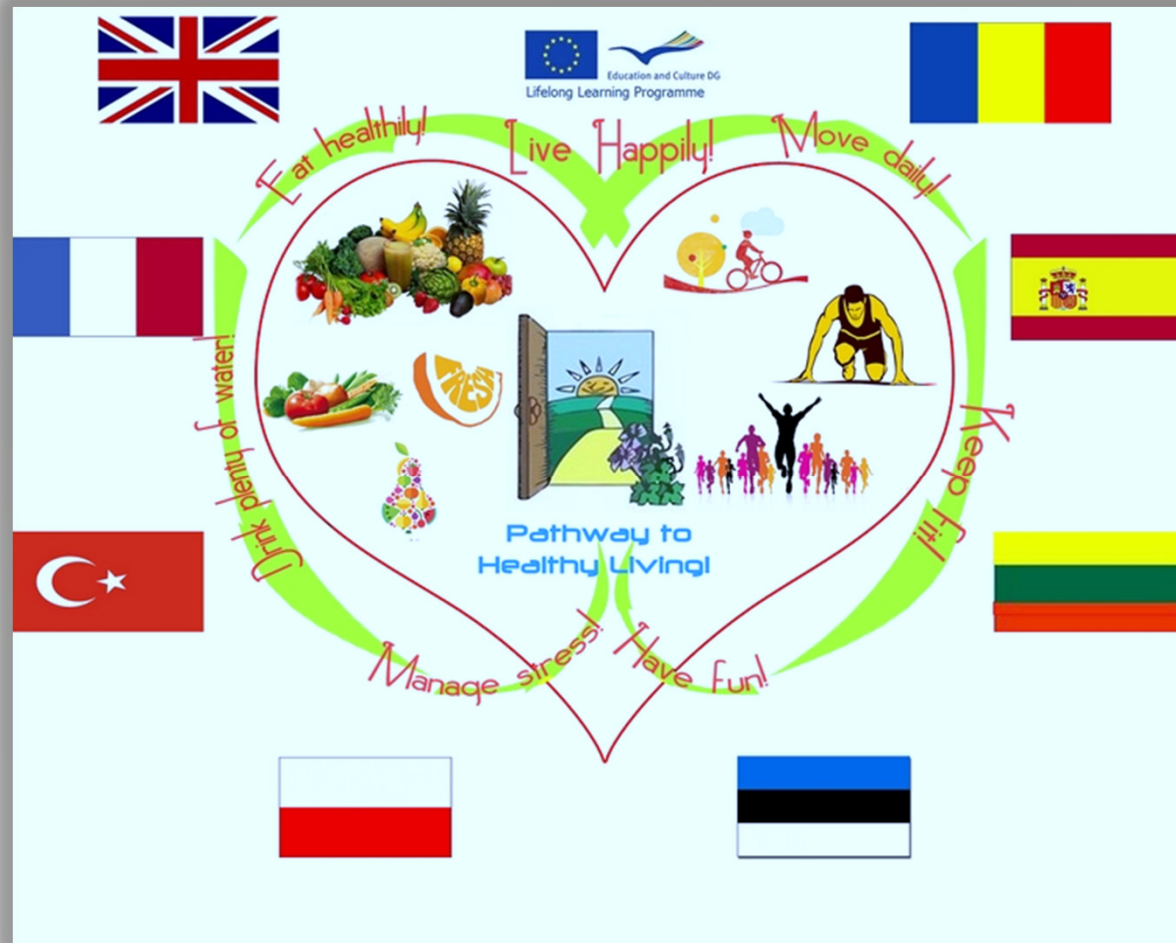


Proven Benefits of Special Olympics



- ❑ Improved skills and fitness
- ❑ Increased confidence and self esteem
- ❑ Healthier lifestyle
- ❑ Greater independence and participation in local community activities
- ❑ Social network (friends)

World Wide Activity



Thank you.



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